



EXCUSE FROM PHYSICAL EDUCATION FORM

Name: _____ Period: _____ Date: _____

The purpose of the Excuse from Physical Education Form is to excuse your child from participating in class for a set period of time. The Excuse from Physical Education Form must be filled out and signed by a parent/guardian.

Please excuse my child from Physical Education:

_____ Today

_____ Today and Tomorrow.

_____ For the next three days.

_____ Until _____ (date).

A doctor's form is required for any illness or injury lasting more than three days. Please attach your doctor's form to this form, if required.

The reason for the excuse is related to an:

_____ Illness

_____ Injury

Personal excuse, such as menstrual cramping will not be accepted as an excuse from participating in PE, unless a written doctor's note requires your child to be excused from participating.

Please include more information regarding your child's injury or illness.

In most cases, your child will still be required to participate in the stretching exercises and may walk the track while the rest of the class participates in the activity.

Print Parent/Guardian Name _____

Parent/Guardian Signature _____ Phone Number _____